

Arch Badminton Center Badminton Training Schedule

Sept. I - December 15

140 Long Rd, Unit 110A, Chesterfield, MO 63005 www.archbadminton.com info@archbadminton.com Tel. 6363648668

Bronze Level Class

This class is designed for students with no or little badminton experience. It will focus on teaching the fundamental of badminton skills, including 1) footwork 2) racket grips (forehand and backhand), 3) different types of shots, such as clear, drive, and drop. Students will have fun learning to play and develop an interest and desire to improve their badminton techniques.

Class size: 4 - 8 students

Silver Level Class

This class is designed for students who have learned the basics of badminton and like to improve their skills further. In this class, students will focus on learning various types of drills, details of the strike techniques, and combination of the footwork with strike selection. Students will also be involved in internal match play so they will develop a real sense of badminton game rules and the real match atmosphere.

Class size: 6 - 12 students

Gold Level Class

This is the advanced class for junior students. In this class, students are expected to have good understanding of the basic strokes and match rules. Discipline and commitment are the keys to be successful in this class. Repetitive and extensive stroke and footwork drills will be used to improve student fitness and endurance. Badminton strategies will be introduced for singles, doubles and mixed events. Players are encouraged to participate in various tournaments. The goal is to achieve significant improvements in speed, control and mental understanding of the game and winning tactics and strategies.

Class size: 6 students and up

Future Stars (Age 6-8)

<u>Coach An</u> <u>Thursday:</u> 5:30 PM – 6:30 PM

Bronze Level Class

Coach Wei H.	Coach Wei L.	
<u>Wednesdays</u>	Saturdays and Sundays 9:30 AM - 11:00 AM (Bronze 2)	
5:00 PM - 6:30 PM	Saturdays and Sundays: 11:00 AM - 12:30 PM (Bronze 1)	

Adult Group Class (4 students and up)

radit Group Glass (r Stadonts and ap)	
Coach Wei H.	Coach Wei L.
Wednesdays	Saturday
6:30 PM – 7:30 PM	6:30 PM - 7:30 PM

Fees: \$20 per class Future Star classes and adult classes, \$25 per class others (minimum 8 classes); students who sign up for 16 classes will receive 10% off.

- * \$30 one class only
- * If you want to arrange a private or group lesson with any of our coaches, please contact the office to make arrangements.



Arch Badminton Center

Class Registration Form

Please fill out the information below and return it to:
Arch Badminton Center
140 Long Rd, Unit 110A
Chesterfield, MO 63005

Name of student: _					
Parent/Guardian(s)					
Address:					
City, State, Zip:					
Email:					
Home Phone: Work Phone:		Work Phone:	Cell Phone:		
Class Selection	ıs:				
Coach/Level	# of sessions	Days in a week	Cost/session	Total Cost	
Future Stars			\$20		
Wei H./Bronze			\$25		
Wei L./Bronze			\$25		
Wei H./Adult			\$20		
Wei L./Adult			\$20		
Payment: By Check: F By Credit Card:	Please make check pa	yable to <u>Arch Sports, Ll</u>	<u>-C</u>		
Name on Card:					
Card #: Exp		Exp: _		CVV:	
Billing Address (if	not the same):				
City, State, Zip					
Signature:		Date:			